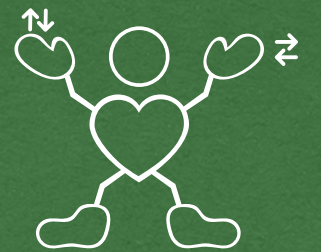


Basic Discipleship

10 Parts (2 Lessons each)

- Identifying with the Death of Christ
- New Birth
- New Family
- Learning to Speak
- Learning to Feed Yourself
- New Clothes
- Learning to Stand
- Learning to Walk
- Developing the Characteristics of Christ (Love and Hope)
- Towards Maturity



4G Mentoring: Growing, Guiding, and
Guarding the Global Bride of Christ

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4GMentoring@gmail.com

Foreword

This document has been designed for use with small discipleship groups using cell-phones, tablets, computers, TV connections, or projectors. This document is not designed as a printed book (though it can be printed) or large group presentation but rather as an electronic discussion guide for small or medium sized multi-language groups. The graphics on each page are designed to ease cross-cultural communication issues when using a translator or with group members using a second language. We hope that this document helps facilitate basic discipleship group discussions in both formal and informal groups in homes, churches, and coffee shops around the world. The copyright on this document allows you to freely distribute and even modify the content to meet your needs.

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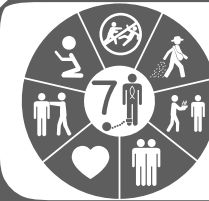
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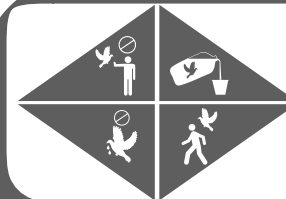
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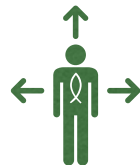
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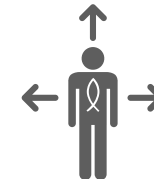
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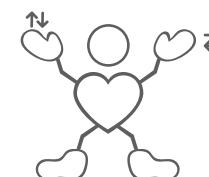
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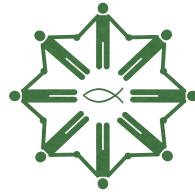
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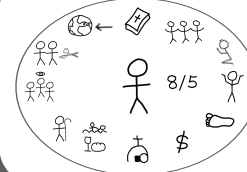
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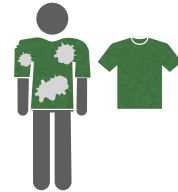
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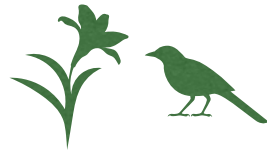
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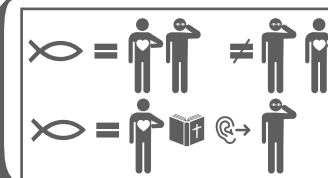
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To Multiply



How Do We Multiply?



Memorize “the 6 Parts
Of the M-Task”



Lesson: The Lord's Supper



read

Matthew 26:26-35



Key Idea: The Lord's Supper is a symbol of identification and fellowship with Christ and the Church through remembering Christ's death, burial, and resurrection.



Topical Study:

What Is the Lord's Supper?

- A symbol of Christ's death (1 Corinthians 11:23-25)
- A proclamation of the Gospel (1 Corinthians 11:26)
- Only for baptized believers who identify with Christ (1 Corinthians 11:27)
- To be taken carefully only after examining yourself (1 Corinthians 11:27-30)
- An act of fellowship that should draw the Body of Christ together in unity (1 Corinthians 11:33-34)

⊗ Learning tool: The Lord's Supper Service



Keep it simple. Use grape juice and some flat bread (or any bread).

Say, “Let’s take a few minutes to pray and examine our lives before we take the Lord’s Supper. If you feel that there is some sin issue in your life or a conflict between you and someone else, go and make this right before you take the Lord’s Supper. Let’s pray.”

Break the bread and distribute it to everyone in the group. Then say, “Jesus said, ‘This is my body broken for you. Eat this in remembrance of me.’”

Pour everyone a small amount of grape juice and then say, “Jesus said, ‘This is a new covenant in my blood. Drink this in remembrance of me.’”



Facing Persecution



Identifying With
The Death of Christ



Memory verse:
Luke 9:23

- Don't repay evil with evil
- Share the Gospel
- Help Them
- Forgive them
- Love them
- Bless them
- Pray for them

read

Acts 4:1-31



Key Idea: Jesus promises that we will face persecution and we as Christians need learn biblical ways to handle persecution.



Topical Study:

How Should We Face Persecution?



- Don't repay evil with evil (Romans 12:17-21)



- Share the Gospel (Acts 26:12-32)



- Help Them (Romans 12:20)



- Forgive them (Luke 23:34, Acts 7:60)



- Love them (Matthew 5:43-44)



- Bless them (Romans 12:14)

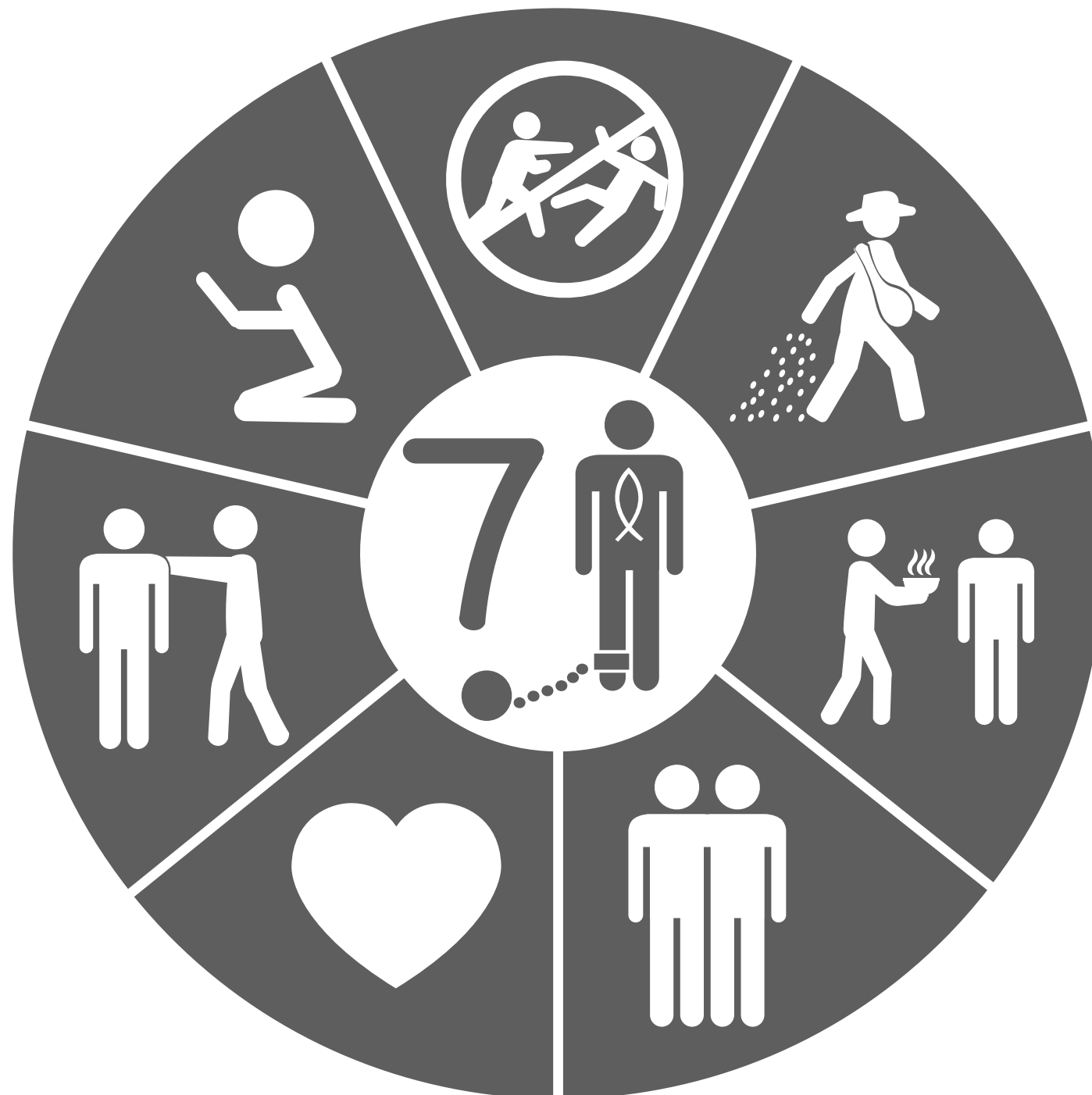


- Pray for them (Matthew 5:44)



Learning Tool:

7 Principles for Facing Persecution



- Don't repay evil with evil
- Share the Gospel
- Help Them
- Forgive them
- Love them
- Bless them
- Pray for them

Memorize



Lesson:

Born Again (Through the Spirit)



Memory verse:
2 Corinthians 5:17

read

John 3:1-21



Key Idea: We must be supernaturally born again through the Holy Spirit to receive salvation.

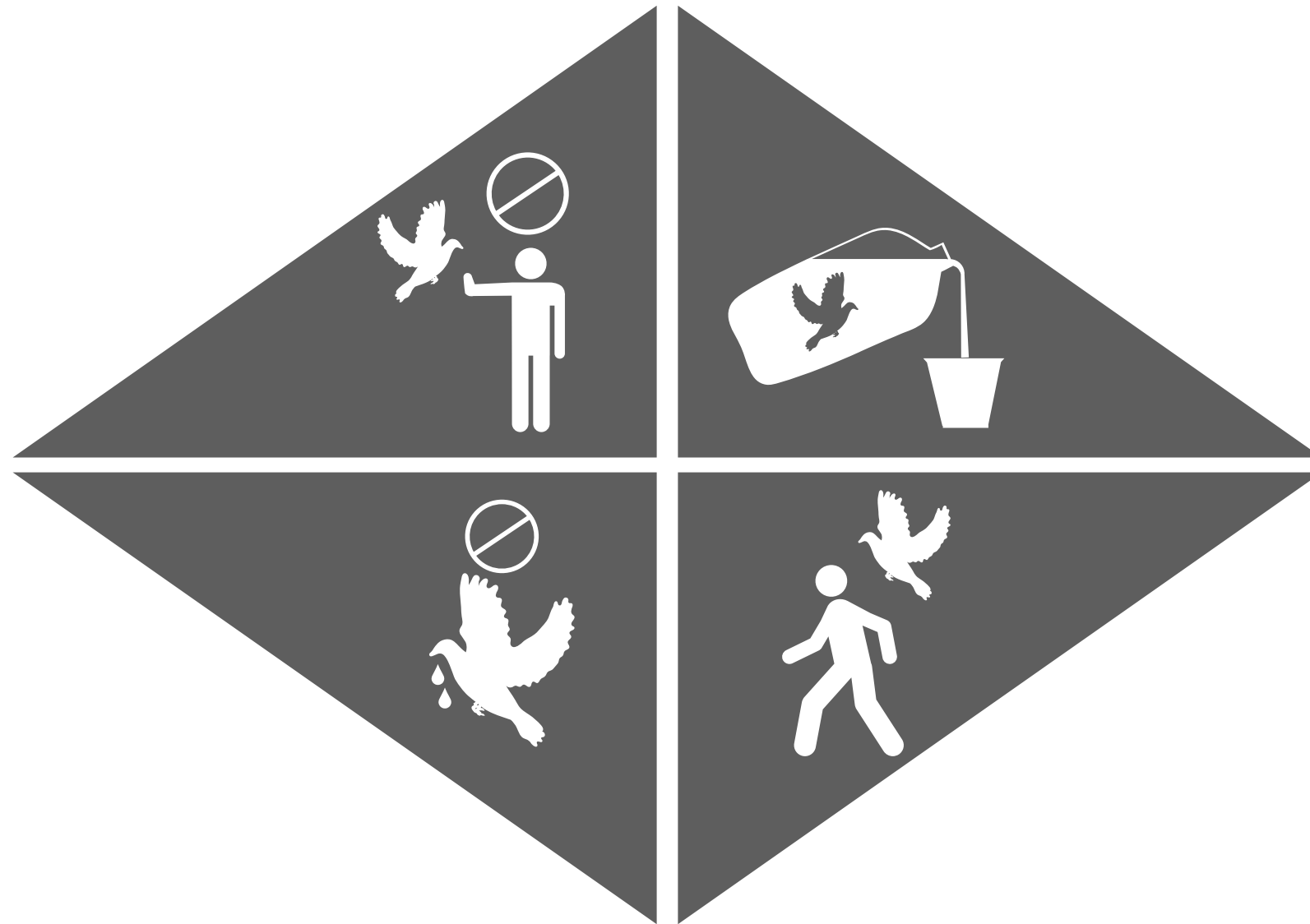


Topical Study:

Who Is the Holy Spirit?

- **A member of the Trinity - Father, Son, and Holy Spirit (Matthew 28:19-20)**
- **Divine (Acts 5:3-4)**
- **Personal (2 Corinthians 13:14)**
- **The one who directed the writing of scripture (2 Peter 1:19-21)**
- **Our guide (John 16:13-14)**
- **Our helper (John 14:26)**
- **The one who gives us the new birth (Titus 3:5)**
- **The one who indwells us (John 14:16-18)**

⊗ Learning Tool: 4 Commands to New Believers

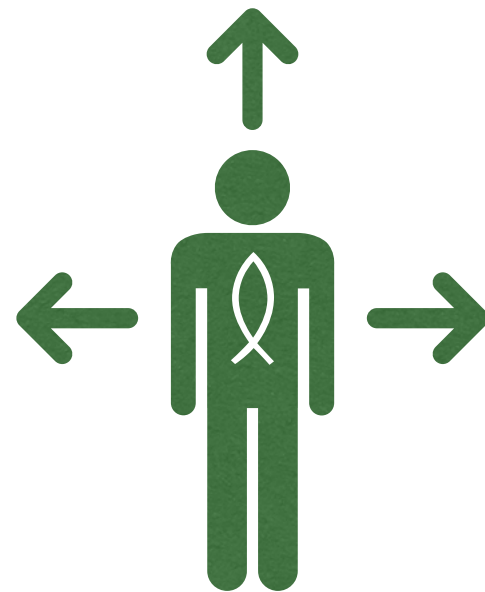


- Be filled with the Holy Spirit (Ephesians 5:18)
- Walk in the Spirit (Galatians 5:16)
- Don't grieve the Spirit (Ephesians 4:30)
- Don't quench the Spirit (1 Thessalonians 5:19)

Lesson: Your Testimony

Your life:

- Before you came to Christ
- How you came to Christ
- After you came to Christ



Memory verse:
Titus 3:5

read

Acts 9:1-22



Key Idea: We share our testimony by explaining what our life was like before we came to Christ, how we came to Christ, and how our life changed after we came to Christ.



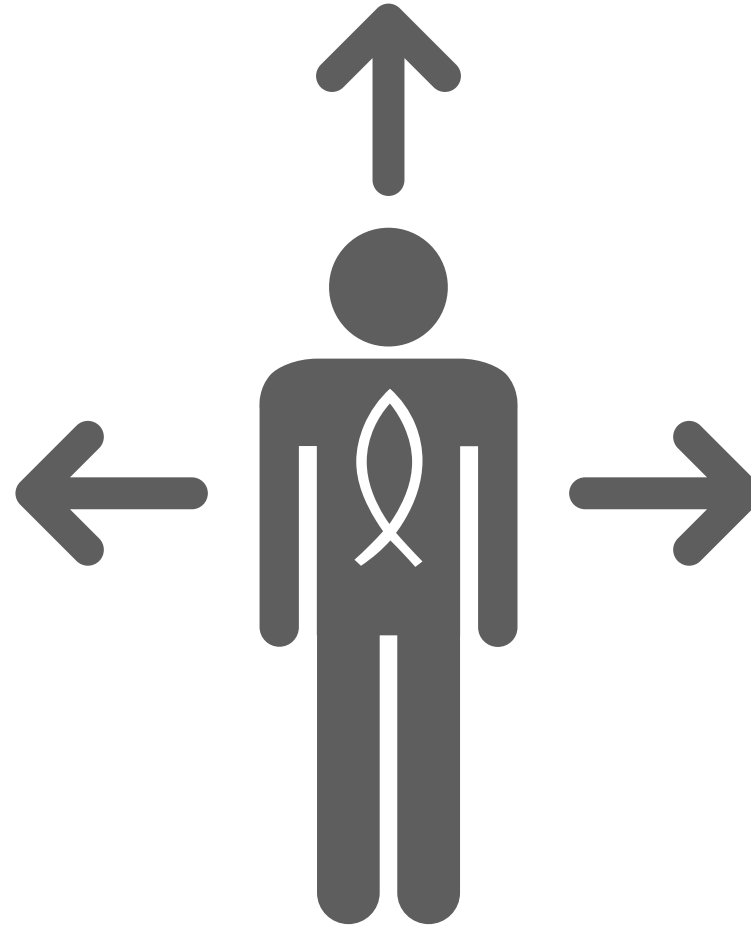
Topical Study:

How Should We Share our Faith?

- **Live a life that reflects the Gospel (Philippians 1:27-28)**
- **Share what the Lord has done for us (Mark 5:18-19)**
- **Always be ready to verbally explain the hope we have in Jesus (1 Peter 3:15, Romans 10:14-17)**
- **Share the good news of the death, burial, and resurrection of Jesus (1 Corinthians 15:1-6)**
- **Keep the message simple (1 Corinthians 2:1-5)**
- **Don't be ashamed of the offensiveness of the Gospel (Romans 1:16-17, 1 Corinthians 1:18-25)**

⊗ Learning Tool:

3 Parts to Sharing Your Testimony



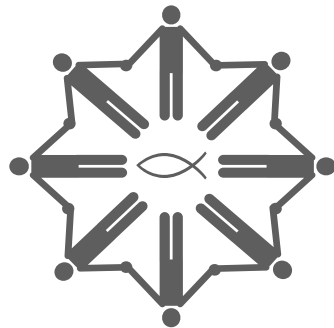
Your life:

- Before you came to Christ (1 minute)
- How you came to Christ - Creation to Christ (3-5 minutes)
- After you came to Christ (1 minute)



Lesson:

Christ as the Head (of the Body)



The Church is not a
building but the
followers of Christ.



read



Memory verse:
Colossians 1:18

Matthew 4:18-25



Key Idea: We need to learn to obey the
commands of Christ as he is the head of the
body, the Church.



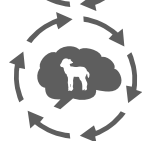
Topical Study:

What Are the 6 Marks of a Disciple?

A Transformed:



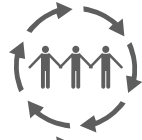
- Heart (Ezekiel 36:26-27, John 3:1-8)



- Mind (Romans 12:1-2, 1 Corinthians 2:14-16, Luke 24:44-47)



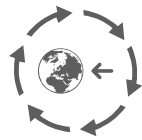
- Affection (Matthew 22:35-38)



- Relationships (Matthew 22:39-40)



- Will - hear and do (James 1:22-25, 1 John 5:3)



- Purpose (Matthew 28:18-20)

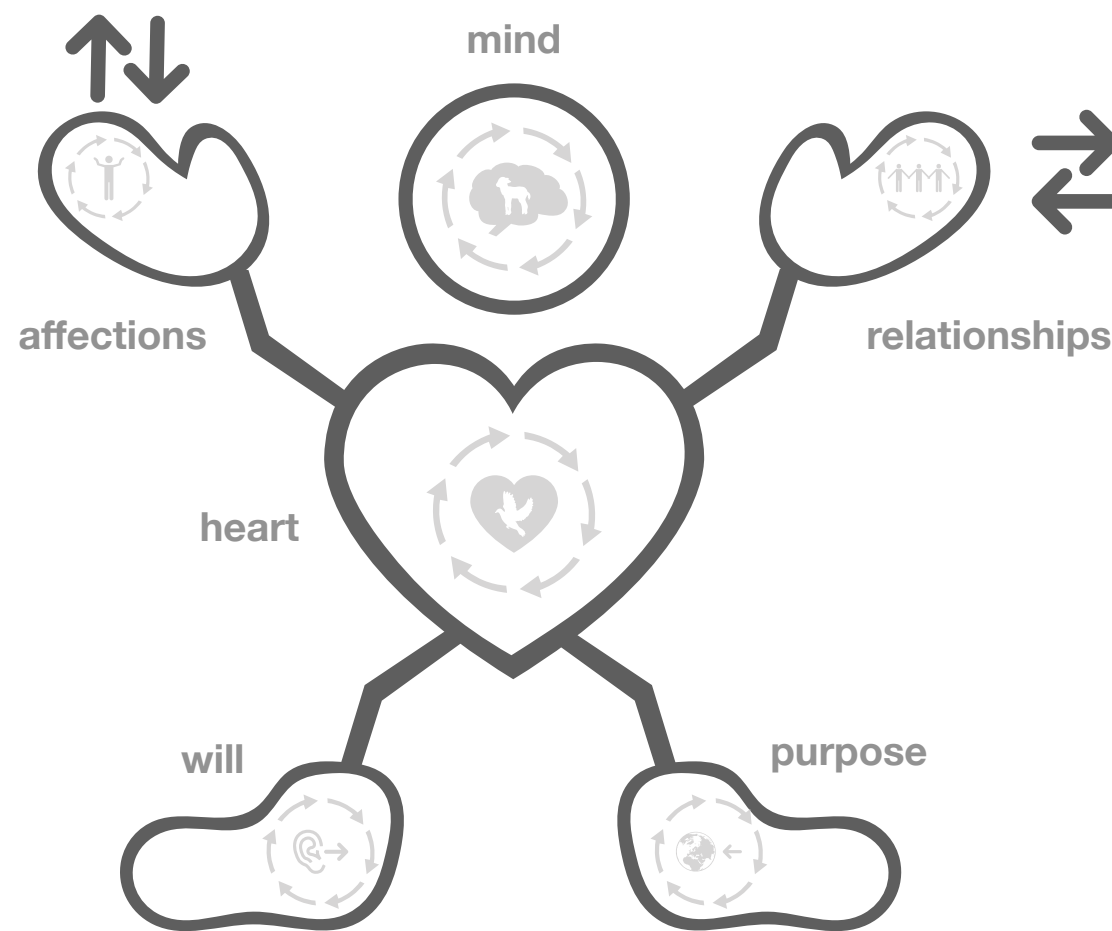
⊗ Learning Tool:

Draw “the 6 Transformations of a Healthy Disciple”

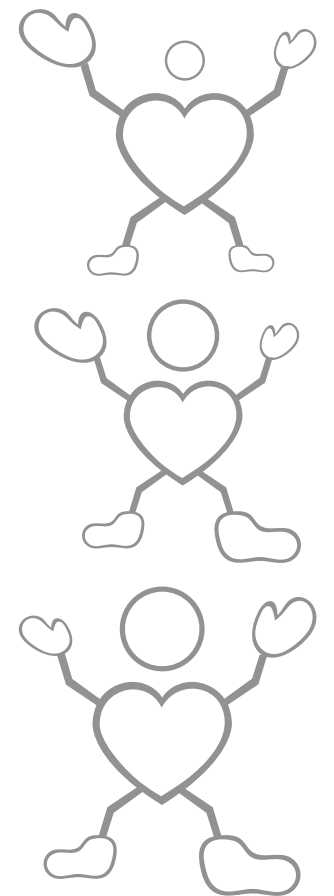
Draw your spiritual health as a disciple. Are you unhealthy in some aspect of your growth as a disciple?

Transformed:

- Heart
- Mnd
- Affection
- Relationships
- Will
- Purpose



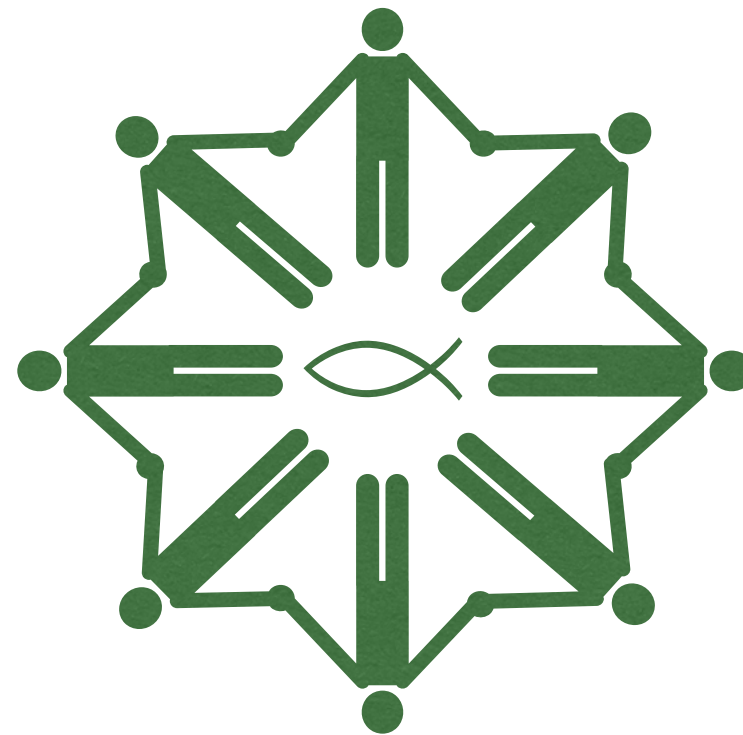
Unhealthy Disciple



We need to grow in all areas of discipleship.



Lesson: The Body of Christ



Memory verse:
1 Corinthians 12:13

read

Acts 2:29-47



Key Idea: God has given each of us different gifts and expects us all to use our gifts to build up the Body of Christ.



Topical Study:

What Are the 12 Signs of A Healthy Church?

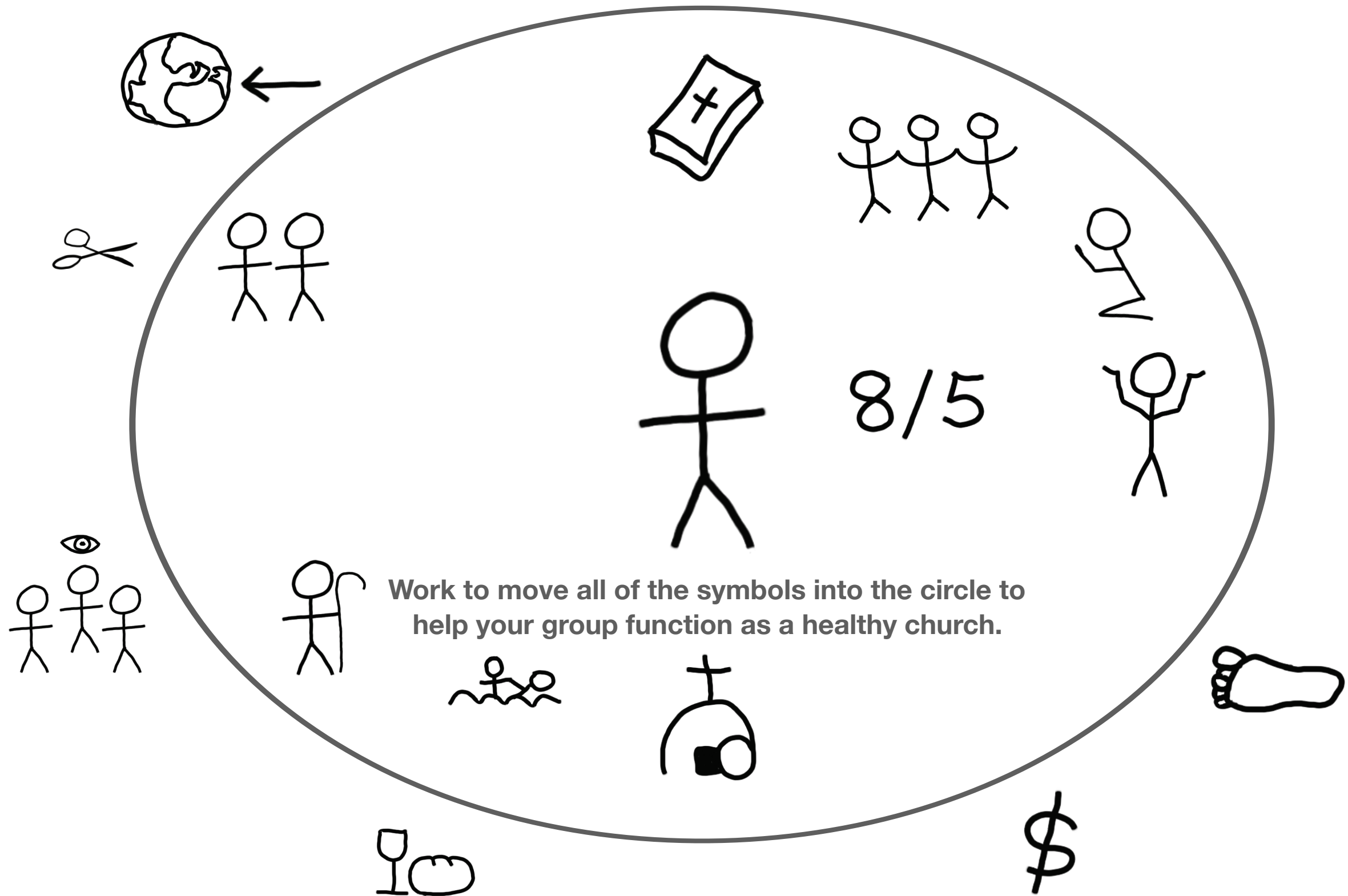


- Discipleship (all forms of teaching) (Acts 2:42)
- Fellowship (Acts 2:42, 44)
- Prayer (Acts 2:42)
- Worship (Acts 2:42)
- Service/Ministry (Acts 2:44-45)
- Giving (Acts 2:44-45)
- Evangelism (Acts 2:47)
- Ordinances (Acts 2:41-42, 46)
- Leadership (Titus 1:5-9, 1 Timothy 3:1-13)
- Membership (commitment) (Romans 12:4-5)
- Accountability and Church Discipline (James 5:16, 1 Thessalonians 5:11, Matthew 18:15-17)
- Missions (Matthew 28:18-20, Acts 1:8)

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Basic Discipleship: the Body of Christ

Diagram your group together every 3 or 4 months.





Lesson: The Model Prayer



read



Memory verse:
Matthew 6:9-13

Matthew 6:5-15



Key Idea: We need to learn to pray like Jesus by praising God, seeking his will, asking for daily needs, asking for forgiveness and forgiving others, and praying for power over temptation.



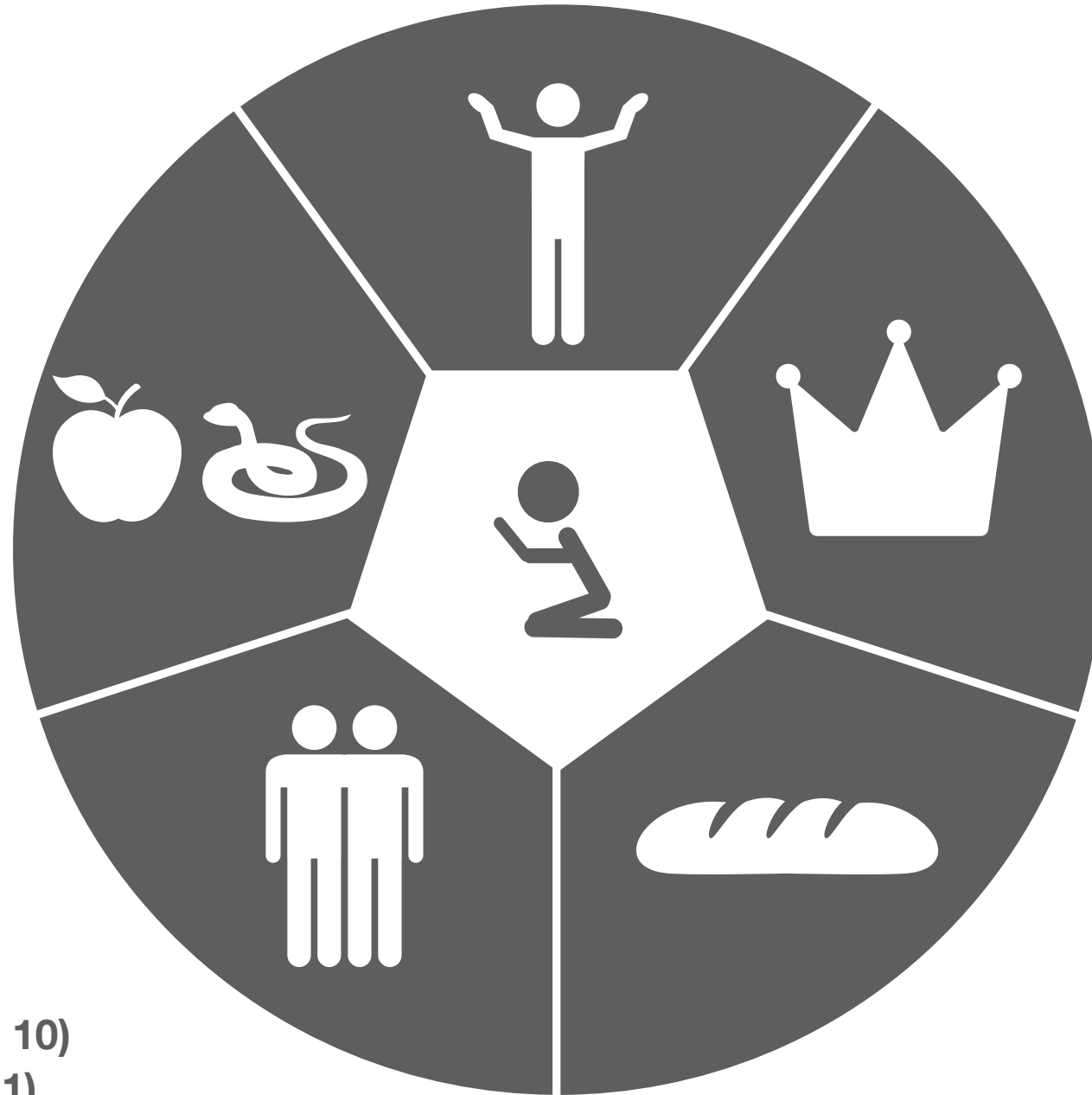
Topical Study:

How Should We Pray?

- **In Jesus' name (John 14:13-14)**
- **In private (Matthew 6:5-6)**
- **In public as part of the church (Acts 2:42)**
- **Standing before God (Luke 18:10-13)**
- **Kneeling before God (Luke 22:41)**
- **With hands lifted up (1 Timothy 2:8)**
- **Using simple words (Matthew 6:7-8)**
- **In line with God's will (1 John 5:14)**

We have much freedom in how we pray! There is no one right way!

🔧 Learning Tool: Memorize the Lord's Prayer



Matthew 6:9-13:

- Praise God (vs. 9)
- Seek God's kingdom (vs. 10)
- Ask for daily needs (vs. 11)
- Ask for Forgiveness (vs. 12)
- Pray for power over temptation (vs. 13)



Lesson: Continually, Spontaneous Prayer



Memory verse:
1 Thessalonians 5:16-18

read

Matthew 7:7-11



Key Idea: Practice prayer and thanksgiving as a part of each day's normal activities.



Topical Study:

When Should We Pray?

- **Regularly (Daniel 6:10)**
- **In the morning (Mark 1:35)**
- **At night (Luke 6:12)**
- **At mealtimes (Matthew 14:19)**
- **When we are anxious (Philippians 4:6-7)**
- **When we have sinned (2 Chronicles 7:14)**
- **When things are bad (Acts 16:23-26)**
- **When things are good (Ephesians 1:15-16)**
- **On all occasions (Ephesians 6:18)**

⊗ Learning Tool: Memorize God's 4 Responses to our Prayers

- No
- Wait
- Grow first
- Yes





Lesson: God's Word



Learning to
Feed Yourself



Suggested memory verse:
John 14:15

read

Matthew 7:21-29



Key Idea: Learning how to study and obey
God's Word.



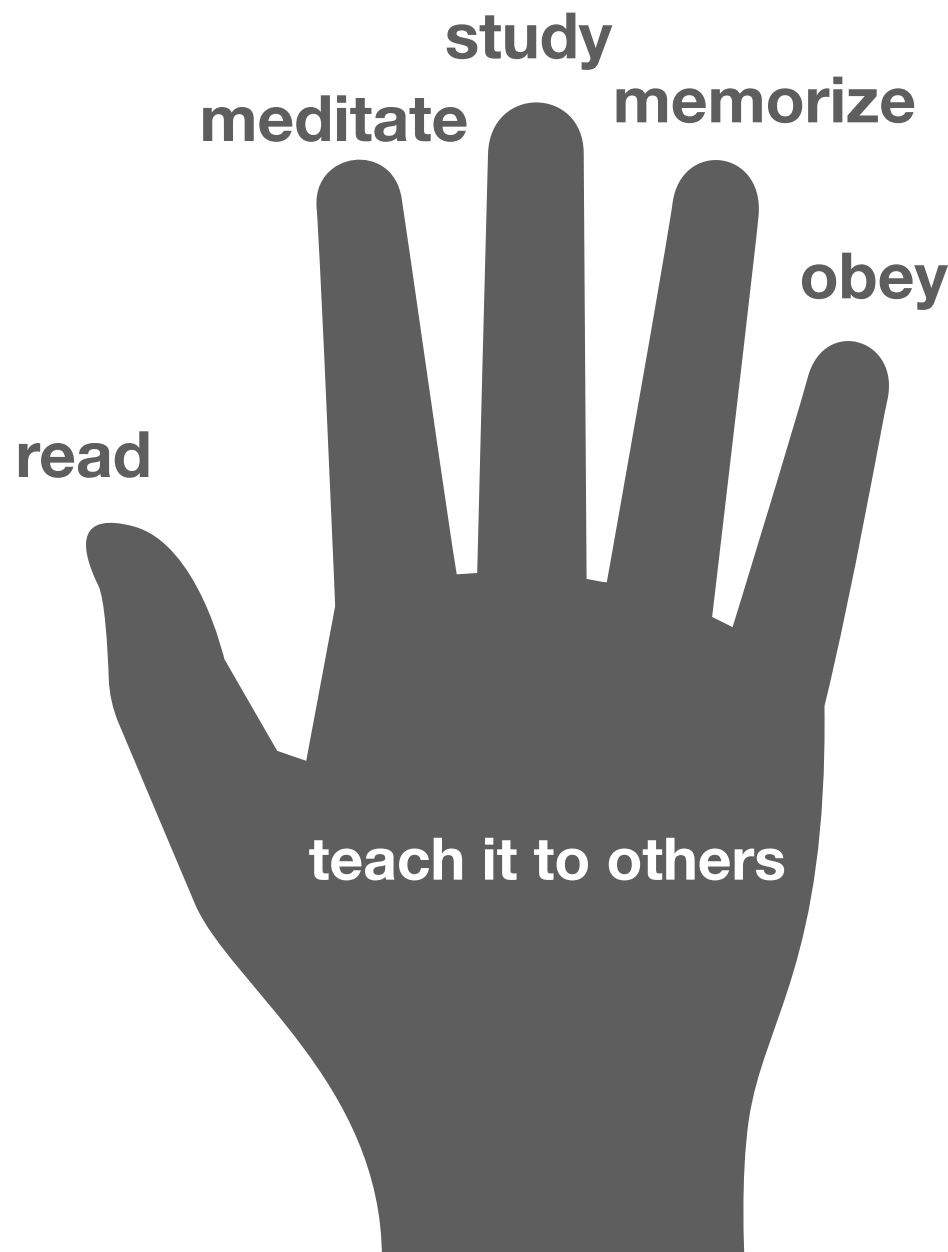
Topical Study:

How Do We Abide in God's Word?

- Read (John 8:31-32)
- Meditate (Psalms 1:1-3)
- Study (Acts 17:11, Ezra 7:10)
- Memorize (Psalms 119:9-11)
- Obey (James 1:22-25)
- Teach it to others (Deuteronomy 6:6-9, 2 Timothy 3:14-17, Matthew 28:18-20)

⊗ Learning Tool: Memorize the 6 Ways To Abide in God's Word

- Read
- Meditate
- Study
- Memorize
- Obey
- Teach it to others

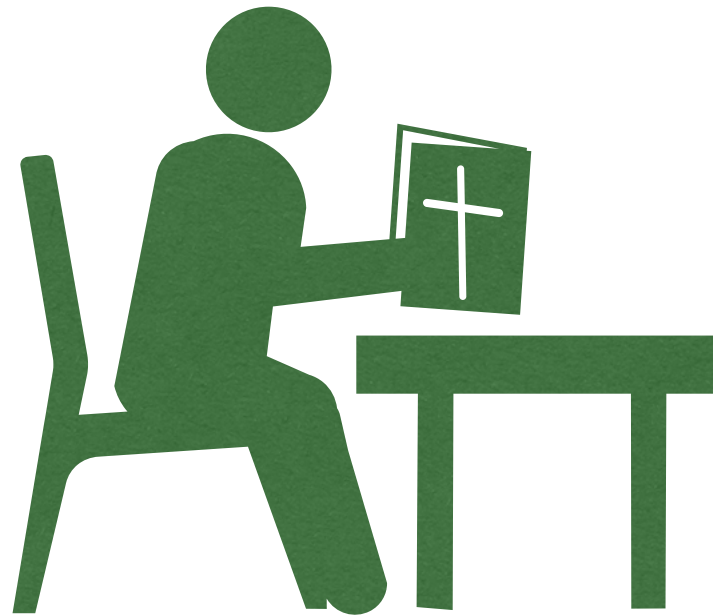




Lesson: Daily Quiet Time



Learning to
Feed Yourself



Memory verse:
Matthew 26:41

read

Mark 1:35-39



Key Idea: We develop a closer relationship with God through having a regular daily quiet time with God.



Topical Study:

What Are Good Principles for a Daily Quiet Time?

- **Spend time with God daily (Daniel 6:10)**
- **Find a private and quiet place (Luke 5:15-16)**
- **Morning is best for most (but not all) people (Mark 1:35)**
- **Study and meditate on a passage from the Bible (Psalms 1:1-3)**
- **Memorize scripture (Psalms 119:11)**
- **Pray (Matthew 6:6-8)**
- **Obey what you hear from God's Word and through prayer (John 14:15)**

🔧 Learning Tool: Memorize the 4 Parts of a Daily Quiet Time

- Read 1 chapter a day
- Ask Questions
- Memorize a verse
- Pray



4 Study Questions:

1. What did you hear?
2. What does it mean?
3. What should you do?
4. Who else needs to hear this message?

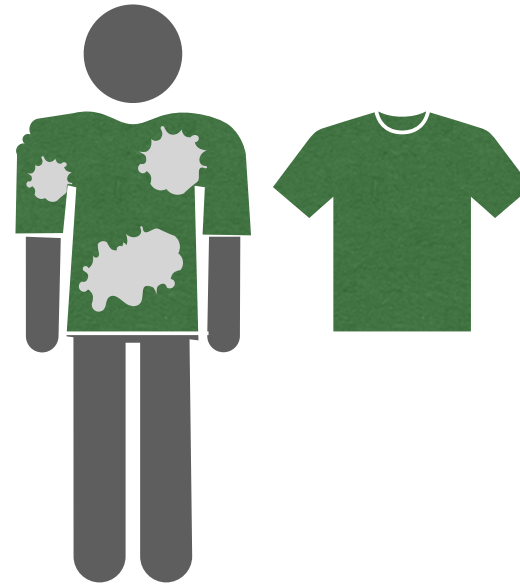


New Clothes



Lesson:

Put Off the Old, Put on the New



Memory verse:
Ephesians 4:22-24

read

Ephesians 4:17-5:2



Key Idea: We need to confess and turn away from old habits and ways of thinking that are not appropriate and embrace new Christ-Like habits and ways of thinking.



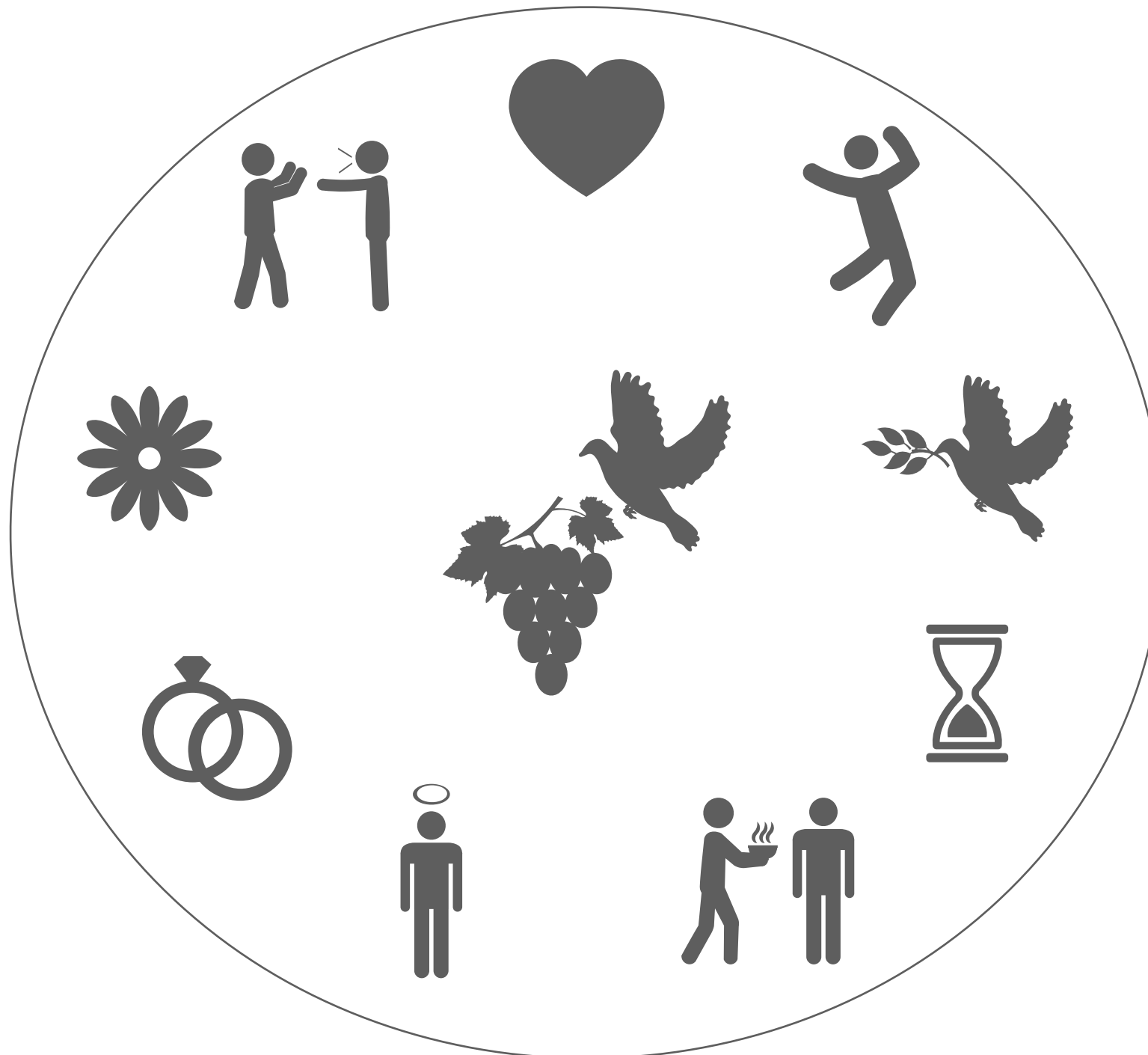
Topical Study:

What Old Habits Do We Need To Put Away?

- Addictions (1 Corinthians 6:12)
- Sexual immorality (Ephesians 5:3)
- Drunkenness (Romans 13:13)
- Crude talk and jokes (Ephesians 5:4)
- Gossip (Proverbs 16:28, Ephesians 4:29)
- Pride and Anger (Philippians 2:3, Proverbs 29:23)
- Friends that tempt us to do evil (1 Corinthians 15:33)
- Works of the Flesh (Galatians 5:16-24)

🔧 Learning Tool: Memorize the Fruit of the Spirit

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

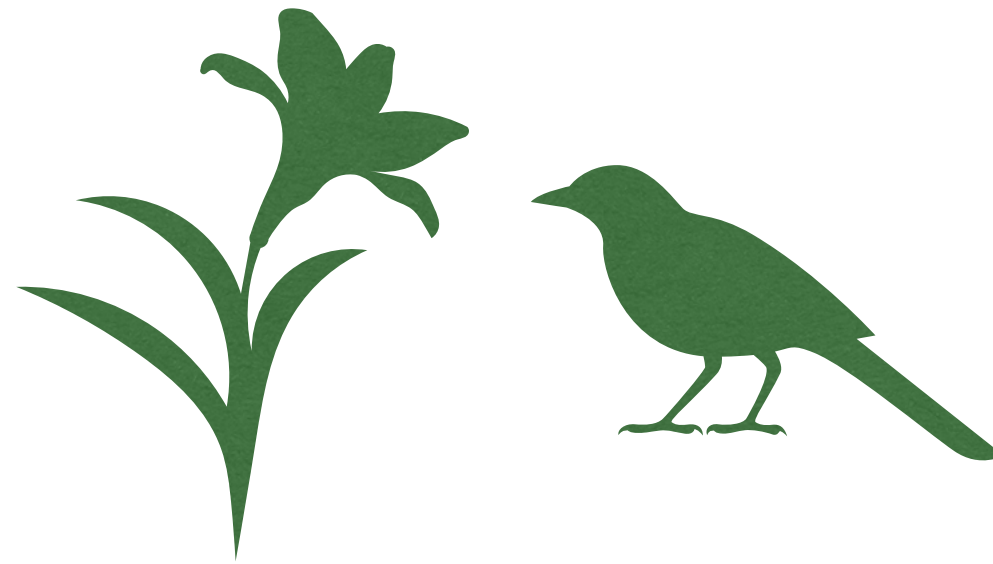




New Clothes



Lesson: Inward Spiritual Characteristics



Memory verse:
Matthew 6:33

read

Matthew 6:19-34



Key Idea: We need to put the kingdom of God first and depend on God to meet our needs without demanding God fulfill our wants.



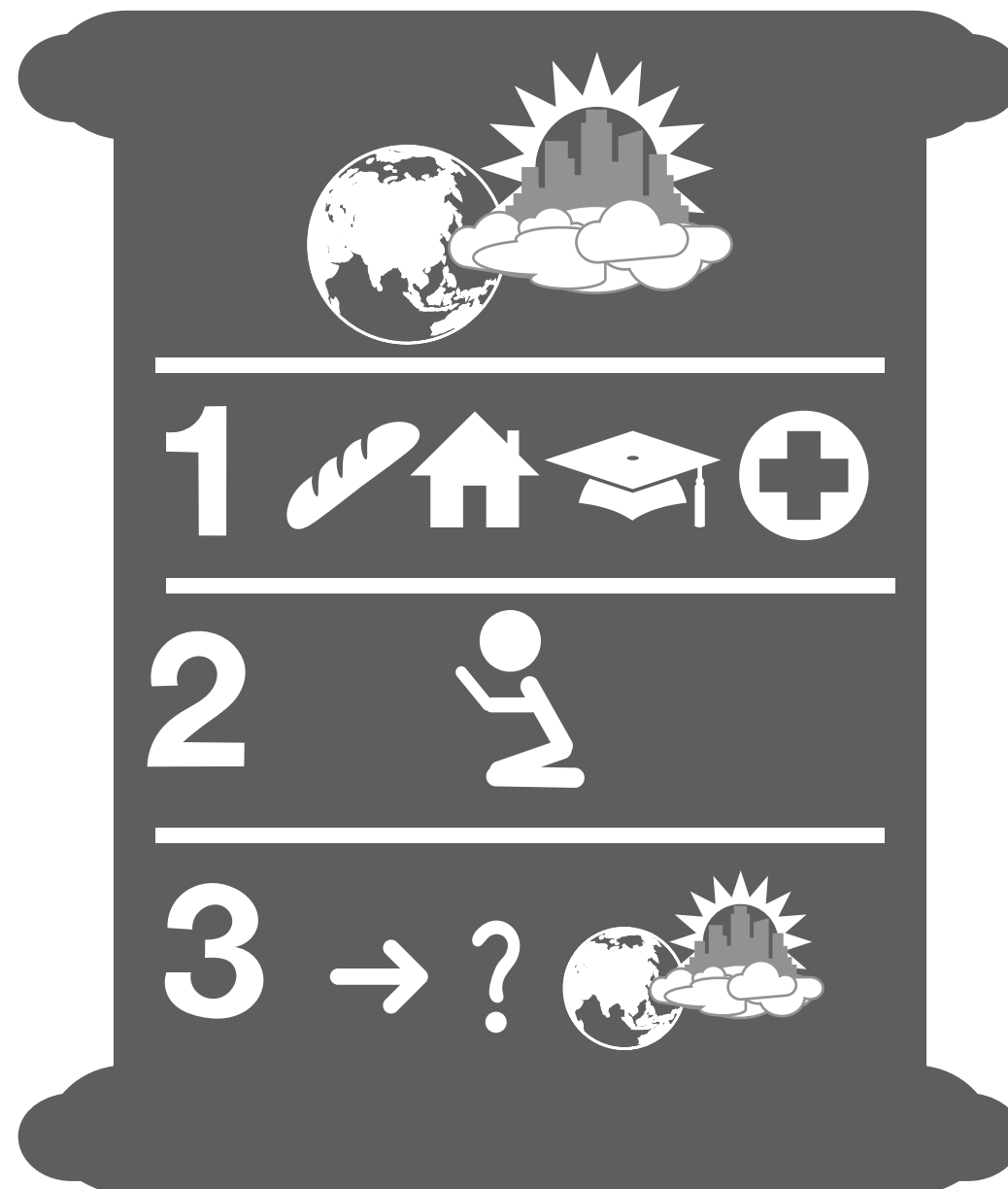
Topical Study:

What Are Some Characteristics of a Believer?

- **Avoids showy outward religious expressions (Matthew 6:1-9, 16-18, Luke 18:9-14)**
- **Forgiving of others (Matthew 6:14-15)**
- **Focused on serving God and others and not on financial gain (Matthew 6:24, 31-33)**
- **Not anxious (Matthew 6:34)**
- **Not a hypocritically judge of others (Matthew 7:1-5)**
- **Treats others as they would want to be treated (Matthew 7:12)**

Learning Tool: Make a “Seek First the Kingdom” List

- List your needs.
- Pray and give those needs to God.
- List what God is asking you to do. (“Seek first the Kingdom of God”)



The scroll graphic is divided into three horizontal sections by white lines. The top section features a sun rising over a city skyline with clouds, and a globe to the left. The middle section is labeled with a large number '1' and contains four icons: a loaf of bread, a house, a graduation cap, and a medical cross. The bottom section is labeled with a large number '2' and contains a single icon of a person kneeling in prayer. A third section, labeled with a large number '3', contains an arrow pointing to a question mark, followed by a globe and a sun rising over a city skyline with clouds.



Lesson: Power Over Temptation



Learning
to Stand



Memory verse:
James 4:7-8a

read

Matthew 4:1-11



Key Idea: We overcome temptation through submitting to Jesus (the Word), resisting Satan, praying, and celebrating spiritual victories.



Topical Study:

What Is the Nature of Temptation?

- **God tests us for our good but never tempts us (James 1:2-3, 12-15)**
- **Satan tempts us to destroy us (1 Peter 5:8)**
- **Satan cannot force us to sin (James 1:14-15)**
- **Jesus understands us because he was tempted and overcame (Hebrews 4:15)**
- **God always provides a way out of temptation for us (1 Corinthians 10:13)**
- **We overcome temptation through vigilance and prayer (Mark 14:38)**

⊗ Learning Tool: Memorize 4 Steps To Overcome Temptation:



- Submit (to Jesus)
- Resist/Flee (the Tempter)
- Pray (call out in prayer)
- Celebrate (your victory in Christ)



Lesson:

Putting On Spiritual Armor



Learning
to Stand



Memory verse:
Ephesians 6:10-11



read

Ephesians 6:10-18



Key Idea: God has given us spiritual armor to help us resist the Devil.



Topical Study:

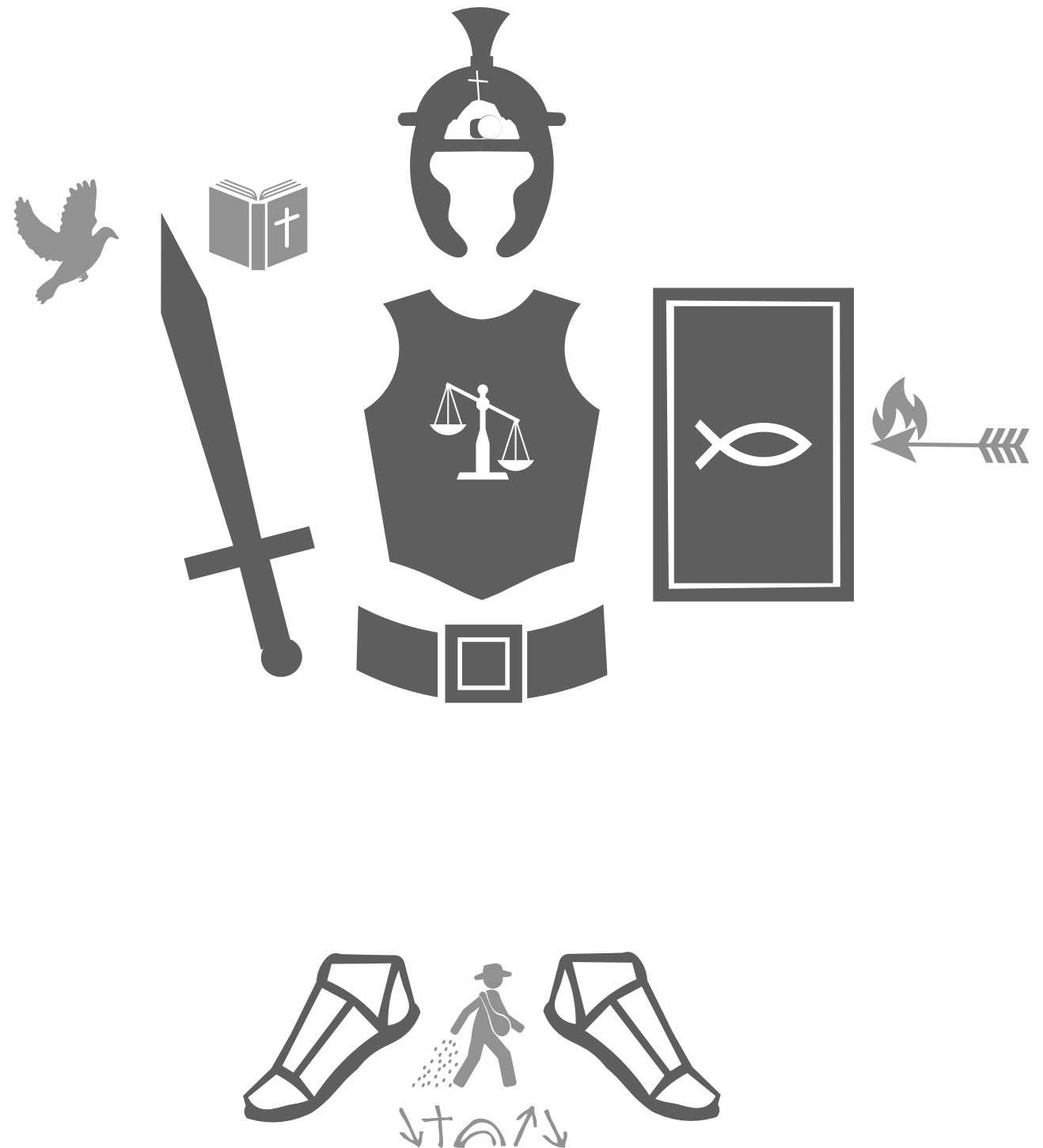
What Is the Spiritual Battle We Face?

- The battle is not against other humans but against Satan and the Demons (Ephesians 6:12)
- We should be aware of how Satan works and stay alert (2 Corinthians 2:10-11, 1 Peter 5:8-9)
- Satan often comes as an angel of light (2 Corinthians 11:14)
- God gives us power to be victorious in this battle (James 4:7, 1 John 4:1-4)
- This is a temporary and not an eternal battle (Revelations 20:9-10, 21:1-4)
- We are not alone in this battle (Philippians 1:27)

⊗ Learning Tool:

List the 6 Pieces of Spiritual Armor:

- Belt of Truth (know the truth through the Word)
- Breastplate of Righteousness (Christ's righteousness and example helping us to choose to do right)
- Shoes of the Gospel of Peace (readiness to share the Gospel of peace)
- Shield of Faith (Believe and act on what God has said even if you can't see it)
- Helmet of Salvation (know who we are in Christ Jesus)
- Sword of the Spirit (the Word of God.)

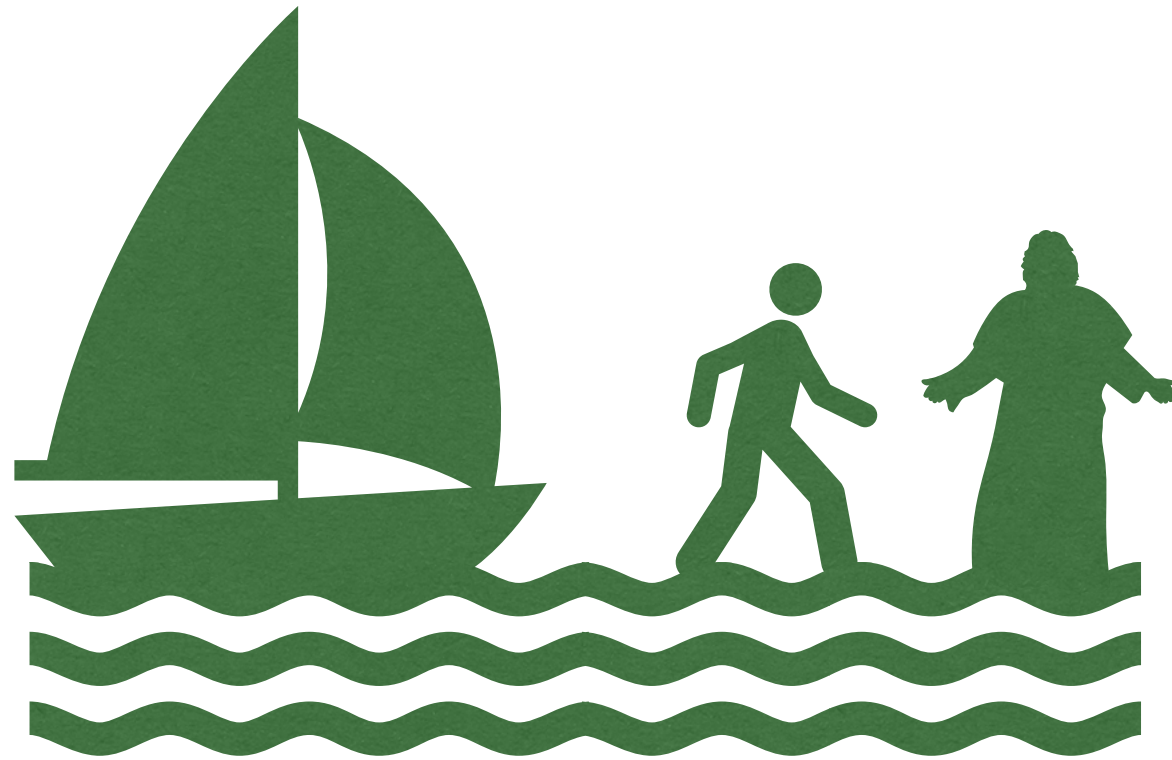




Lesson: Walking in Faith



Learning
to Walk



Memory verse:
Hebrews 11:6

read

Matthew 14:22-33



Key Idea: We must walk in faith trusting in the promises of God.

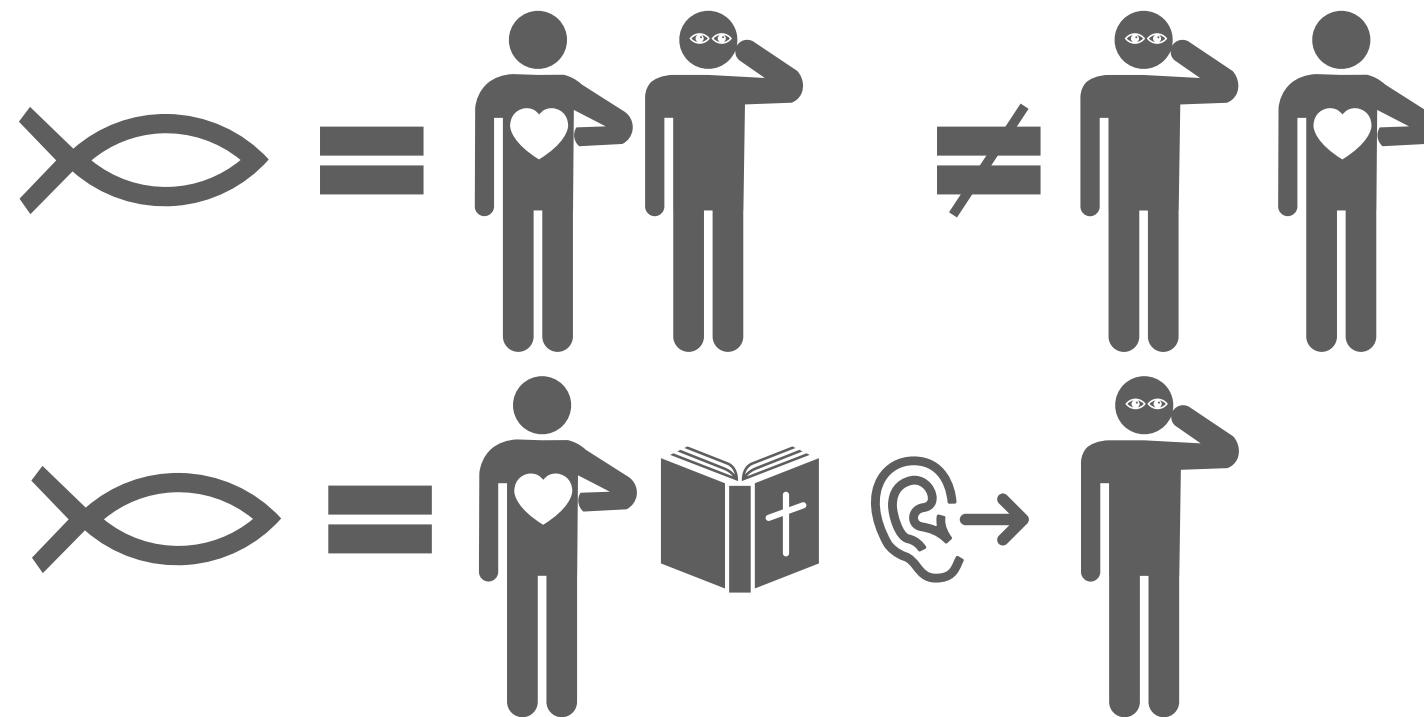


Topical Study: What Is Faith?

- **Believing what God has said (John 3:16-18)**
- **Acting on what God has said (Hebrews 11:8)**
- **The conviction that God's promises are true before we see them fulfilled (Hebrews 11:1)**
- **Not mindless acceptance (Acts 17:11-12)**
- **Essential for salvation (Hebrews 11:6)**

🔧 Learning Tool:

Memorize 2 Aspects of Faith Using Hand Motions and Ask Question:



- “Faith is not seeing then believing, rather faith is believing then seeing.”
- “Faith is believing what God has said and doing it, so that we then see what God has said become a reality in our lives.”

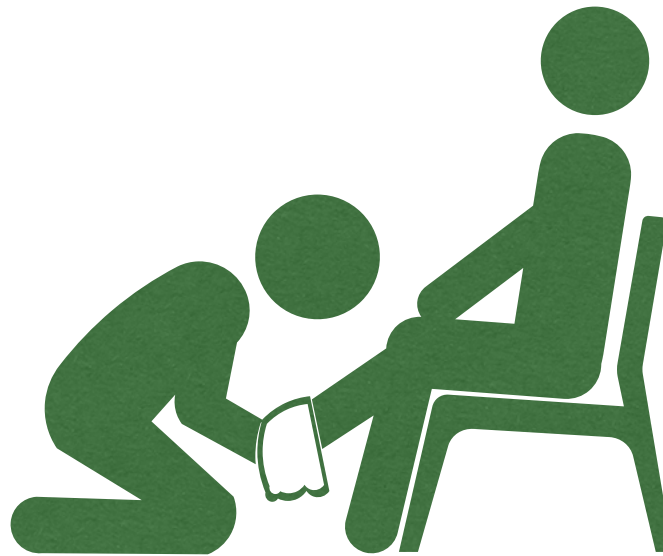
Question: Is there anything that God is asking you to do that you have been afraid to do? Do you need to take a step of faith and trust God?



Lesson: Surrendering Yourself



Learning
to Walk



Memory verse:
John 13:14

read

John 13:1-17



Key Idea: We must humbly serving others as Jesus humbly served us.



Topical Study:

How Should We Serve Others?

- Out of gratefulness to God (1 Peter 4:10)
- With humility like Jesus (Philippians 2:5-8)
- With love (Galatians 5:13)
- With generosity (Proverbs 19:17)
- Without expecting anything in return (Luke 14:12-14)
- With wisdom (2 Thessalonians 3:10-12, 1 Timothy 5:9-12)

⊗ Learning Tool: Foot Washing Exercise



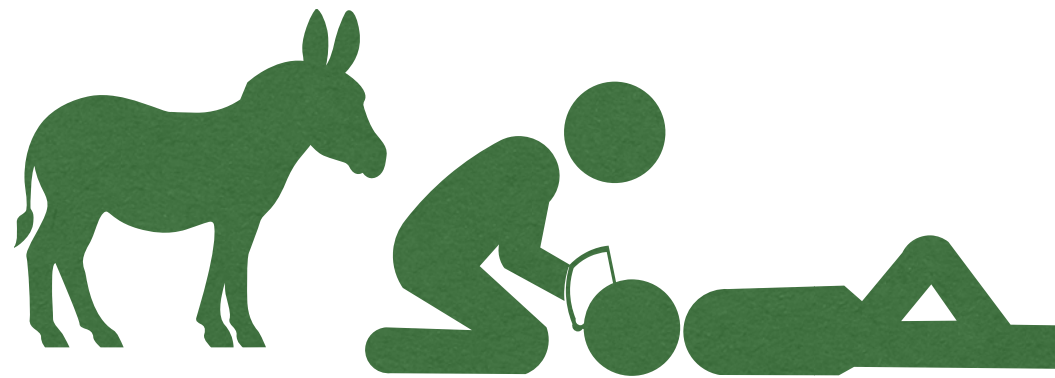
- **Wash One Another's Feet as an example of humility.**
- **Discuss ways you can serve someone else this week.**



Lesson: Learning To Love



Developing the
Characteristics
of Christ (Love
and Hope)



Memory verse:
Luke 10:27

read

Luke 10:25-37



Key Idea: We must learn to love God with all of our heart, mind, soul, and strength, and our neighbor as ourself.



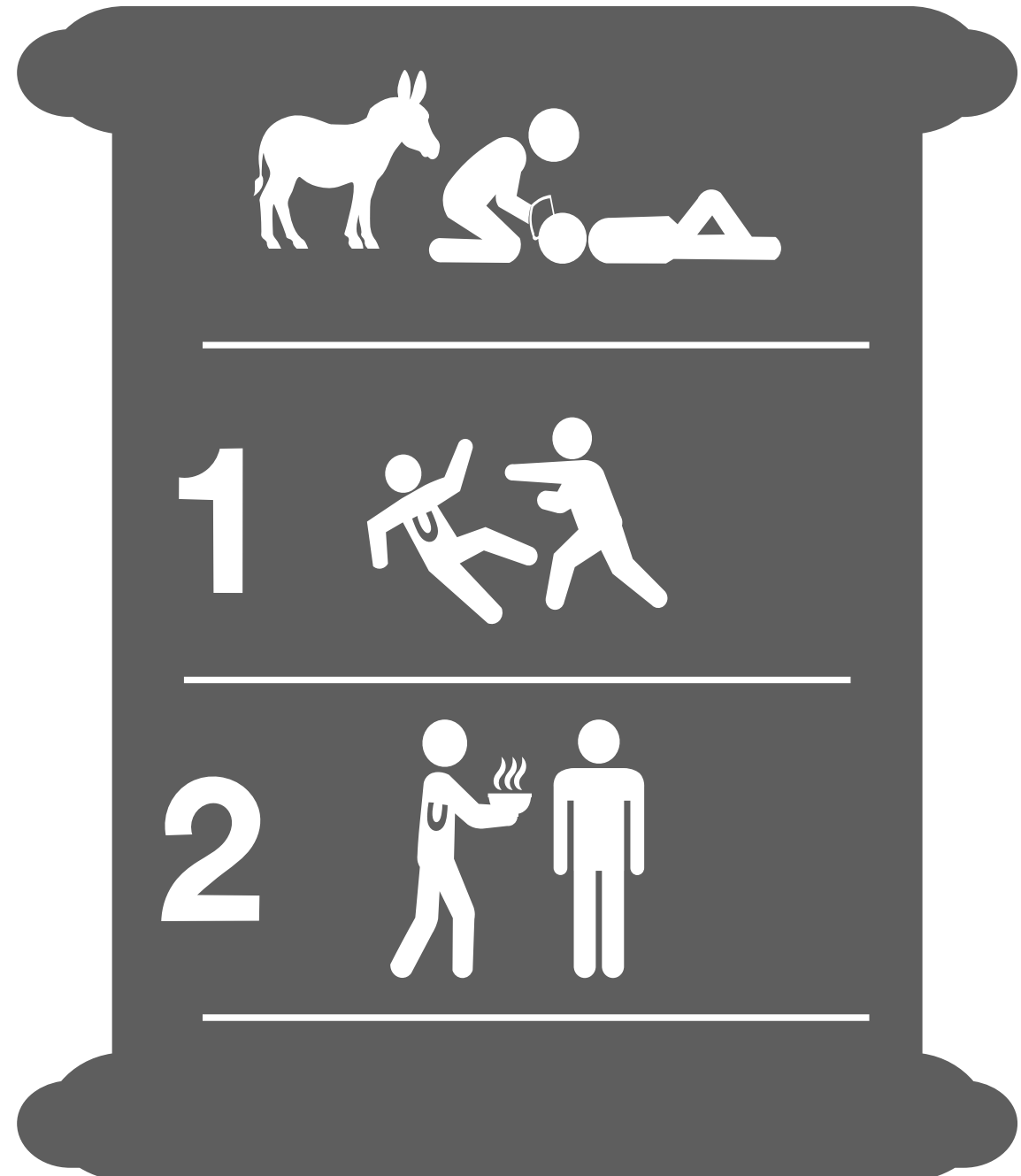
Topical Study:

How Should We Love?

- **Love God (Luke 25:26a)**
- **Love our neighbors (Luke 25:26b)**
- **Love each other (John 13:34-35)**
- **Love our enemies (Matthew 5:43-44)**
- **Through actions (1 Corinthians 13:1-13)**
- **As you want them to act toward you (Luke 6:31)**
- **By sharing the gospel with the lost (John 3:16-18, Romans 10:14-15)**

⊗ Learning Tool: Good Samaritan List

- List those who have done harm to you or that you do not like.
- How can you be a loving neighbor to one of them this week?



1

2



Developing the
Characteristics
of Christ (Love
and Hope)



Lesson: Living in Hope



Memory verse:
Romans 8:28

read

John 11:1-53



Key Idea: Through God's faithfulness and promises we live a life of hope in the assurance of eternal life through the resurrection.

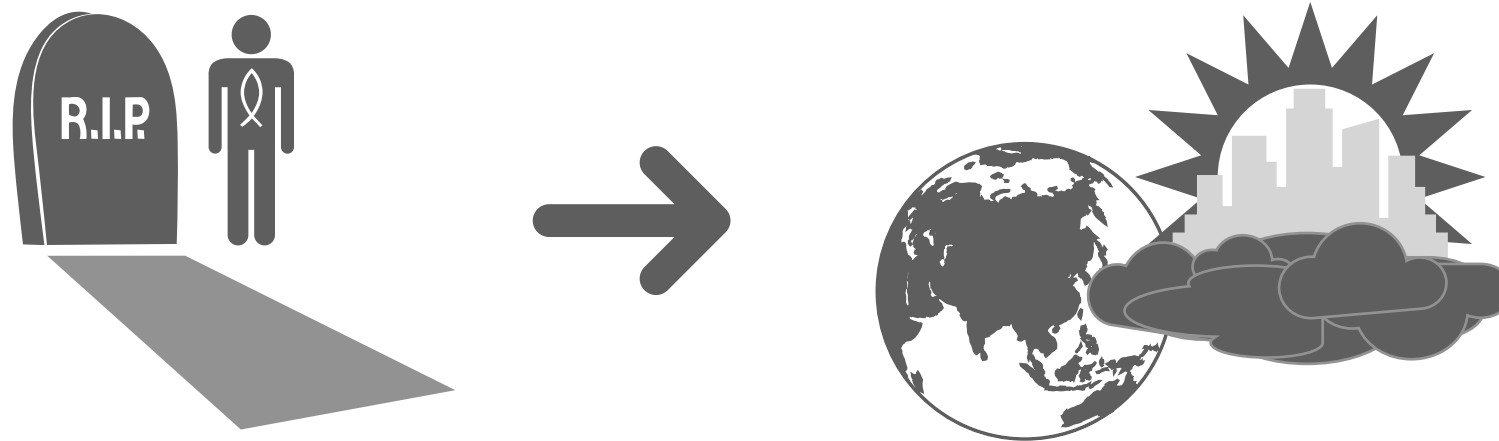


Topical Study:

What Is our Hope Based Upon?

- **The promises, faithfulness, and goodness of God (Hebrews 10:23, Psalms 118:1)**
- **Forgiveness of sins through Jesus (1 John 1:9)**
- **Eternal life (John 3:16)**
- **The power of God to transform our lives (Romans 12:2, Philippians 1:6, 1 John 3:2-3)**
- **The meaningfulness of living a righteous life (Galatians 6:7-10)**
- **Bodily resurrection (Romans 8:22-25, 1 Peter 1:3-5)**
- **The New Heaven and New Earth (Revelation 20:1-4)**

⊗ Learning Tool:
Memorize “God Works all
Things for Good”



**“God works all things for good for those who love him:
The bad becomes good, the difficult becomes doable, and
death leads to eternal life.”**



Lesson:

Learning To Give (From the Heart)



Towards
Maturity



Memory verse:
2 Corinthians 9:7

read

Mark 12:41-44



Key Idea: We should joyfully give back a portion of our finances to God for the spiritual and material benefit of society.



Topical Study:

How Should We Give?

- **Regularly (1 Corinthians 16:2)**
- **Joyfully (2 Corinthians 9:6-8)**
- **Sacrificially (Acts 2:45, Mark 12:41-44)**
- **10% minimum (tithe) (Genesis 14:18-20, Malachi 8-12, Luke 11:42)**
- **You will be blessed as well as others (Acts 20:35, Matthew 6:2-4, 2 Corinthians 9:6-7)**

⊗ Learning Tool: Memorize the 5 Characteristics of Giving

We should give:

- **Regularly**
- **Joyfully**
- **Sacrificially**
- **10% minimum (tithe)**
- **You will be blessed as well as others**



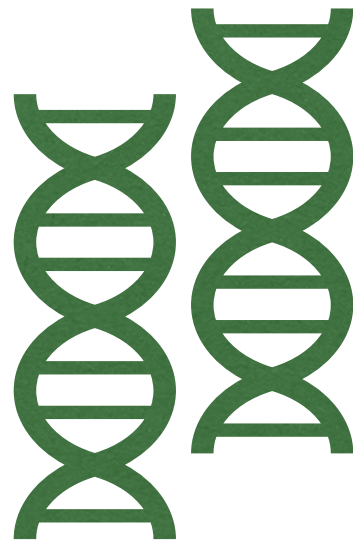
Take up an offering as a group next week. Decide as a group how you would like to use the money.



Lesson: Learning To Multiply



Towards
Maturity



Memory verse:
Matthew 28:18-20

read

Acts 16:6-15



Key Idea: We need to be prayerfully seeking to play a part in multiplying the Body of Christ through the guidance of the Holy Spirit.



Topical Study:

How Do We Multiply?

- **By abiding in Christ (John 15:1-5)**
- **Sharing our faith (Romans 10:13-17)**
- **Insuring reproducibility - setting a good pattern or good DNA (2 Timothy 2:2)**
- **Discipling new believers (Matthew 28:18-20)**
- **Developing leaders (Acts 14:23, Philippians 4:9)**



Learning Tool: Memorize “the 6 Parts of the M-Task”

The 6 Parts of the M-Task:

- Entry
- Evangelism
- Discipleship
- Church Formation
- Leadership Development
- Exit



Redo your 5/5/5 list. Consider not bringing new members into your group, but lead them through the basic discipleship process so that they become a new home group.

Suggested Lesson Order

Seeker's Class (7 lessons total)

- 01 - Creation to Christ (C2C) (1 lesson)
- 02 - The Six Sacrifice Stories (6 lessons)

Believer's Group (25 lessons total)

- 03 - Initial Discipleship - Milk (5 lessons)
- 04 - Basic Discipleship - Meat (20 lessons)

Christian Worldview (2 lessons)

- 05 - Bird's Eye View of the Bible (1 lesson)
- 06 - Bird's Eye View of Church History (1 lesson)

Book Studies (4-5 years) - no material but uses 3/3rds format

- James (character development)
- Titus (group development)
- Luke (or one of the other four Gospels (understanding the Gospel))
- Acts (understanding the early church and group multiplication)
- Genesis (theological foundations)
- Exodus (theological foundations)
- Joshua (theological foundations)
- Judges (theological foundations)

